



“Prostate Staging”

AJCC TNM Staging 8th Edition

Brief Webinar | 2 August 2019

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Prostate-AJCC TNM Staging 8th Edition

- AJCC established in 1959 (60th Anniversary!)
- Formulate and publish systems of classification of cancer, including staging and end-results reporting
- Goal: Create acceptable tools to be used by the medical profession for selecting-the most effective treatment,
- determining prognosis, and continuing evaluation of cancer control measures
- 8th Edition Published October 6, 2016
- Prostate is Chapter #58
- **Effective for all cases diagnosed on or after January 1, 2018**

- Review site-specific information & rules
- Clinical Staging

Based on information before treatment
Used to select treatment options

- Pathological Staging

Based on clinical data PLUS operative findings
resected specimen pathology report
Used to evaluate end-results (survival)

- Definition of Primary Tumor (T): Pathological organ-confined disease (after radical prostatectomy) is now all pT2 and not subdivided into pT2a, pT2b, or pT2c
- Histologic Grade (G): The Gleason score (2014 criteria) and the Grade Group (1-5) should both be reported.
- AJCC Prognostic Stage Groups: Stage III includes select organ-confined disease tumors based on prostate-specific antigen (PSA) and Gleason/Grade Group status.

- In the 8th Edition, clinical T-category should still be based only on the digital rectal examination (DRE) findings.
- Neither imaging information or tumor laterally information from the prostate biopsy should be used for clinical T category.
- A tumor that is found in one or both sides by needle biopsy, but is not palpable is classified as T1c
- Clinical T category should always reflect DRE findings only
- Although imaging, particularly multi-parametric prostate MRI, has improved, imaging should NOT be used for T-category assessment.

- Pathological Stage is defined after a radical prostatectomy
- The old 7th Edition AJCC divided pathologic stage T2 into three groups: pT2a, pT2b, and pT2c.
- **The new 8th Edition AJCC has all organ-confined post surgical cases as pT2**
- Tumor detected in apex/distal margin is pT2
- There is no pT1 category
- Clinical staging retains the three tier system (cT2a, cT2b, cT2c)
- pT3a: unilateral or bilateral extra-prostatic extension
- pT3b: tumor invading the seminal vesicle(s)
- Margin status is technically NOT part of current AJCC staging

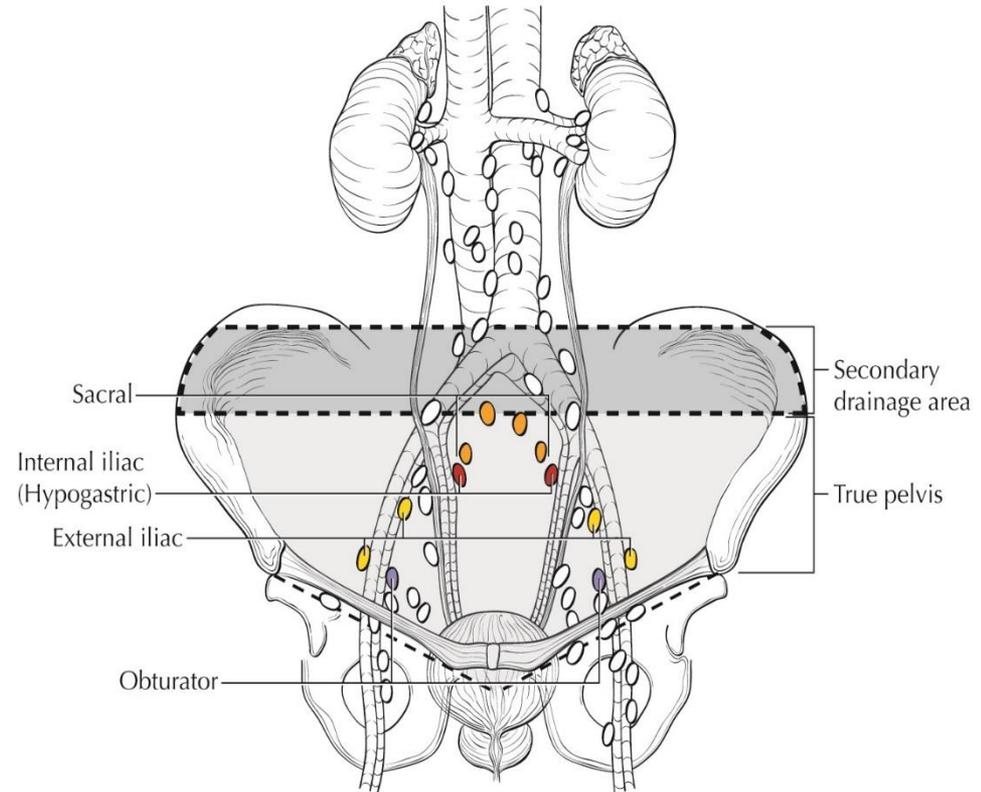
- Group 1: Gleason ≤ 6
- Group 2: Gleason $3+4=7$
- Group 3: Gleason $4+3=7$
- Group 4: Gleason 8
- Group 5: Gleason 9 or 10
- Grade group is prognostic for PSA recurrence and prostate cancer mortality (AJCC Level of Evidence: I)

- Prostate-specific Antigen (PSA) blood test
- Protein produced by cells of the prostate gland
- The KEY tumor marker for screening and management
- The higher the PSA, the greater the risk of diagnosis and mortality of prostate cancer
- PSA < 10: “low” or “low risk”
- PSA 10-20: “intermediate” or “Intermediate risk”
- PSA > 20: “High” or “High Risk”
- PSA > 100: without clinical metastases is associated with much poorer survival (AJCC Level of Evidence: I)

- Primary Tumor: T-category, Serum PSA, Grade Group (1-5) with Gleason score, Number and percentage of positive biopsy regions (i.e. biopsy “cores”)
- Regional Lymph Nodes/Distant Metastases: performance status, M0 versus M1 category; Extranodal extension of cancer, M1b (bone) versus M1c (lung, liver, brain, with or without bone)

Prostate-AJCC TNM Staging 8th Edition- N group

- Nodal disease below the Pelvic brim is N1 and NOT M1.
- Modern PET scanning is detecting nodal disease more accurately
- Clinical importance for new Rx for M0 castrate resistant prostate cancer (Apalutamide, Enzalutamide)



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- <https://cancerstaging.org>
- Ordering information:
Cancerstaging.net
- Submit questions to AJCC Forum:
<http://cancerbulletin.facs.org/forums/>
- Twitter: @AJCCancer
- Thank you very much!
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